

# CHRISTINE TAYLOR FOUNDATION FOR MENTAL HEALTH

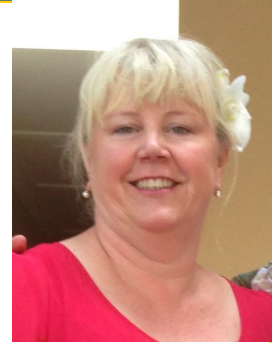
ISSUE 9

NEWSLETTER

FEB 2017

Warm summer greetings to you,

It's hard to believe that another year has passed. It has certainly been an eventful year, both here and in many other places in the world. I have been very challenged by my desire to avoid reading about all the 'bad' things happening in the world, while recognising the need to pull my head out of the sand because of my responsibilities as a social work lecturer and a global citizen.



I am mindful every day about how lucky many of us are to live in our little corner of the world, while also being aware that there are many people here who don't have the same advantages that many others do. New Zealand was called upon by the United Nations to respond to our alarming rates of child abuse and child poverty this year. (See <http://www.childpoverty.co.nz/> for information about what many children have to go without in this country). So while we may be very lucky, we can't be complacent. In order for people to have good wellbeing, they need to have their basic needs met.

The Mental Health Foundation of New Zealand continues to provide information and resources for people to maintain their wellness. The Foundation has continued its campaign of the 5 things to do daily to maintain wellbeing. These include: 1) being connected; 2) giving your time, words, presence; 3) being aware and noticing the things around you; 4) keeping on with learning, and 5) being active. See their website for more information <https://www.mentalhealth.org.nz/home/ways-to-wellbeing/>

The Christine Taylor Foundation is very grateful to its members for their donations that go to help people who live with mental illness to enhance their wellbeing through various meaningful activities, programmes and services in their communities. We were very fortunate to receive a substantial donation from the estate of Dr Michael Taylor to continue the good work of the Foundation.



The Foundation has lost another friend this year with the passing of Pat Downey. Pat joined the Board of the Richmond Foundation in 2002 and served on the Board and was acting secretary after the Foundation became fully autonomous and independent of its founding parent, the Richmond Fellowship. Pat and Michael Jameson had the challenging task of re-establishing the Foundation with an independent Wellington-based operation and Board. The Foundation owes a lot to his energy and hard work. Pat resigned from the Board in February 2008. Our thoughts are with his family and friends.

Once again, this newsletter provides information on what members' contributions go towards and some of the great initiatives happening in our communities. I would like to once again take this time to acknowledge the hard work of Dr. Michael Jameson and his finance committee of Peter Sherwin and Ian Millard QC, who continue to be diligent in regards to the Foundation's finances, as well as Sarah O'Connor, Lesley Dee and Ken Daniels who work hard on the Grants' Committee. Finally I would also like to acknowledge the work of our administrator, Claire Laurensen, who puts everything together and makes it all work.

I wish you all the best for 2017.

Barb Staniforth,  
Chairperson, Christine Taylor Foundation for Mental Health.

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## Grants Committee Report - Sarah O'Connor

In the 2016 funding round the Christine Taylor Foundation had two types of funding allocations. Along with the \$5000 grants, for the first time the Foundation also had \$10,000 grants available for organisations wanting to do creative, innovative projects of value to mental health consumers. The Foundation is able to provide this opportunity thanks to the generosity of the late Dr Michael Taylor.

There were thirty applications requesting funding for the \$5000 grants and the Foundation distributed twenty four grants to a range of organisations working in areas that support adults and children across the country. Some of this work includes peer support and advocacy, art workshops, community groups and support networks.

There were eight applications for the \$10,000 innovative project grants and two applications met the criteria for these grants. The focus for these grants is on creative projects, rather than costs associated with general organisational business, for example, the purchase of an asset such as a vehicle. The total grant allocation was \$66,460.00.

Through the applications and accountability reports, the funding committee is able to see how much thought and innovation goes into the work organisations do that is of value to mental health consumers. It was inspiring to see how many organisations continue to do this work over the years and exciting to see new organisations coming up with refreshing ideas. I enjoyed having the opportunity to deliver cheques to two Wellington organisations who were able to show me their organisations and discuss their work.

The Grants Committee will continue to focus on how we can continue our support to organisations across the country.

### Right

Sarah O'Connor, Grants Committee with Hannah Gorman, Funding & Finance Co-ordinator at Rape Crisis.



### Below

Lesley Dee, Grants Committee with Linda Wood, Studio Manager at Kings St Artworks Inc, Masterton.



### Below Right

Mike Douglas, past CEO of Stepping Stone Trust with Ken Daniels, Grants Committee.

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## Comments on the Foundation's Finances 2015/2016 prepared February 2017

Interested persons who want to know more about the Foundation's finances should go to our website [www.christinetaylorfoundationformentalhealth.org.nz](http://www.christinetaylorfoundationformentalhealth.org.nz) or the Charities Services website. You will see there the latest financial statements as prepared by our accountants Grant Thornton.

In the year ended 31 March 2016, we received total income of just over \$28,000 and paid out in calendar year 2015, \$37,258 in grants to 21 different organisations working to provide mental health services. After expenses, we incurred a loss of \$19,287 (2014/15 loss was \$7,717). This loss was funded by selling some of our assets.

The 2015/16 year was a satisfactory year for the Foundation's investments as share prices generally rose. The strengthening New Zealand dollar against the Australian dollar meant that the value of our Australian investments rose only slightly when expressed in NZ dollars. Like many other charities, we have continued to suffer from a fall in our fixed interest investments income as our various bonds etc. have matured and been replaced by new bonds at much lower interest rates. This situation is not likely to change quickly and means that our interest income will continue to fall. The Foundation's total income has remained almost unchanged compared with the previous year as increased dividend payouts have offset lower interest payments. Since the 31 March 2016 balance date, the value of our investments has risen and this trend has continued into early 2017. The outlook for 2017 is more encouraging than previously expected but continued volatility on world markets is inevitable especially with a Trump presidency in the US. Expected income from the Foundation's investments for 2016/17 should remain little changed from the previous year.

As reported previously, the Board has decided to lift its total annual grants even though this means that total assets of the Foundation will be progressively run down. The impact in 2016 was not as large as earlier anticipated as the Foundation was fortunate to receive \$60,000 in August 2016 as a beneficiary of the late Dr Michael Taylor's estate. At its October 2016 meeting, the Board decided to award grants totalling \$66,460 to 26 different organisations (up from \$37,258 in 2015). Two of the 2016 grants were in the new "innovative, initiative funding for special projects" worth up to \$10,000 each.

Michael Jameson, Board Member and Chair of the Finance Committee.

Below with Jan Lowrie from Amigos Peer Support Group, Wellington.



Nikki Saffery & Robyn Goldsmith  
Wgtn Women's Health Collective

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## Special Project Grant

Potikohua Charitable Trust - No 37 Community House – Westport	\$10,000.00
Supporting Families Wairarapa	\$10,000.00

## \$5000 Grants

Action Education Inc - Auckland	\$1,500.00
Amigos Peer Support Group – Wellington	\$1,500.00
Arts for Health Community Trust - Hamilton	\$1,000.00
Bread of Life Trust – Blenheim	\$1,000.00
ChatBus Trust – Dunedin & Mosgiel	\$3,000.00
Delta Community Support Trust - Christchurch	\$1,500.00
Fivestar Wanganui Enterprises – Whanganui	\$3,000.00
King Street Artworks Inc - Wairarapa	\$1,500.00
Maungarei Community Christian Trust	\$2,000.00
Mental Health Advocacy & Peer Support - Canterbury	\$3,000.00
Methodist City Action - Hamilton	\$2,000.00
North Shore Women's Centre – Auckland	\$3,000.00
Potikohua Charitable Trust - Westport	\$1,500.00
Postnatal Depression Support Network Nelson Inc	\$2,000.00
Promoting Mental Wellness – Hamilton & Waikato	\$500.00
Raglan Community House Society Inc	\$2,000.00
Stepping Stone Trust – Christchurch	\$3,000.00
Supporting Families - Wairarapa	\$2,000.00
Vincent's Art Workshop Inc – Wellington	\$2,000.00
Volunteering Otago Trust	\$2,500.00
Wellington Rape Crisis Inc	\$1,960.00
Wellington Women's Health Collective Inc	\$1,500.00
Youthline Charitable Trust - Auckland	\$2,000.00
Youthline Southland	\$1,500.00

## TOTAL

**\$66,460.00**

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**Potikohua Charitable Trust - No 37 Community House Westport** was one of two recipients to receive a \$10,000 Special Project grant awarded by The Christine Taylor Foundation for Mental Health in 2016.



The Westport community has experienced multiple losses over the past few years encompassing people, skills, resources, business and employment options. In addition, there has been an increase of people coming into the area with high complex needs causing greater demand on services without corresponding increases in financial resources.

“People cannot grow when they live in poverty and without hope”. Jane O

No 37 has responded to the changing demographics of their community and surrounding districts with a range of innovative initiatives to “help people grow”. These initiatives are teaching people new skills and providing avenues of income in a supported environment. In doing so, a sense of hope, purpose and belonging is being nurtured while abilities and confidence is strengthened. “Because we are isolated and the employment market is limited, we are teaching our women how to run cottage industries”. The images illustrate what is being achieved. Concurrently supporting these endeavours, an E-commerce programme is being trialled to see what works and what doesn’t. Local outlets have been found to sell the products while also looking further afield for other avenues.

Congratulations No 37 on the wonderful work you are accomplishing in your community.



Above  
WAHAKURA — flax woven sleeping pods for newborn babies.



Left  
A beautiful array of hand-dyed and woven flax flowers for bouquets and bridal parties

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## Grant Criteria Update

The Grants Committee is reviewing & updating the criteria for 2017 applications for both the \$5000 grants and the \$10,000 Special Project Grant. These changes will be viewable on the Christine Taylor Foundation website in the coming months. Check the website before completing this year's applications.

[www.christinetaylorfoundationformentalhealth.org.nz](http://www.christinetaylorfoundationformentalhealth.org.nz)

## 2017 FUNDING ROUND

The Christine Taylor Foundation will consider applications for funds from organisations supporting people to live well with mental health and addiction issues in their communities.

Grants up to \$5000 are available. In addition, The Christine Taylor Foundation will also fund up to three **SPECIAL PROJECT GRANTS** for new innovative initiatives up to \$10,000 each. If you have always harboured an idea but not had the financial resources to implement it, this is your opportunity.

Organisations can apply for both the grant up to \$5,000 and the Special Project Grant up to \$10,000.

We look forward to receiving your applications by 30 June 2016.

## MEMBERSHIP SUBSCRIPTION & DONATIONS

A reminder to our generous supporters and donors that the 2016-2017 financial year is drawing to a close. A downloadable form is available from the DONATIONS page on the website [www.christinetaylorfoundationformentalhealth.org.nz](http://www.christinetaylorfoundationformentalhealth.org.nz) or contact the administrator by email [claire@griefrelief.co.nz](mailto:claire@griefrelief.co.nz) or phone 04) 970-1222. The Foundation is a registered charitable entity with the Charities Commission. All donations qualify for the charitable donations rebate and all donors will receive an official receipt from the Foundation.