

CHRISTINE TAYLOR FOUNDATION FOR MENTAL HEALTH

ISSUE 13

NEWSLETTER

MARCH 2021

CHAIR'S REPORT

Tena koutou katoa

The last year has been a challenging one as we had to deal with Covid-19 as a nation with all its repercussions. It highlighted how flexible and adaptable we are when we have a shared experience and are living with uncertainty. To me, it showed how well we can work collaboratively as a country.



In February this year, the Foundation was very saddened by the passing of Michael Jameson, who served on the Board from 2002 until 2020. Michael was Chair from 2005-2011 and was instrumental in setting up the Foundation as an independent entity from Richmond New Zealand. Michael's expertise in finance and investment, his dedication, hard work and experience on the Board made him a highly valued trustee and friend of the Foundation. Michael retired from the Board last year and he will be very much missed by all of us. Our thoughts are with his family and friends.

An exciting development for mental health and wellbeing was the opening of the Mental Health and Wellbeing Commission on 9 February 2021. *"The Commission's objective is to contribute to better and equitable mental health and wellbeing outcomes for people in New Zealand. It will perform an enduring role in transforming Aotearoa New Zealand's approach to mental health and wellbeing."* <https://www.mhwc.govt.nz/>

Through systemic level oversight, the Commission's role is to hold the Government to account for the health and well being of the people of Aotearoa New Zealand. This is a welcomed development for those who work in the mental health and wellbeing sector and service users/tangata whai ora.

The Foundation is very grateful to members who make generous donations that are used to support people who live with a mental health condition and/or mental distress. There are many grass roots organisations throughout New Zealand who work in their communities to provide support, activities and programmes to service users/tangata whai ora.

The Foundation remains committed to growing its capital base to become more sustainable and I wish to acknowledge the hard work of our trustees, who give freely of their time and expertise. Thanks to Barbara Staniforth, Ken Daniels and Moira Jackson for their work on the grants committee, Michael Markham and Andrew Austin on the finance committee and our administrator extraordinaire Claire Laurenson who coordinates us all. This year I will be leaving the Foundation and I have really enjoyed being part of this mahi and working with a great group of like minded people! I am looking forward to seeing the Foundation continue to grow and develop in the future.

I wish you and your whanau all the best for a healthy and settled 2021.

Sarah O'Connor

Chair

GRANTS COMMITTEE REPORT 2020

There remains a steady growth in the number of organisations applying for funding from the Foundation. In 2020 there were 31 applications for grants, up from 29 the previous year. There was an increase in new organisations applying for funding with nine being new applicants, up from three last year. A total of \$14,650 was awarded to 23 applicant organisations who represented a good spread of types of organisations and geographic locations. (see list on page 4) . The total amount of grant money available for 2021 will remain at \$20,000.

There were some changes in the composition of the Grants Committee in 2020. Moira Jackson and Ken Daniels remained on the Grants Committee and were joined by Barb Staniforth who replaced Sarah O'Connor, who had taken on the role of the Chair.

The Committee remains impressed by the work being done around the country and encourages organisations to continue to apply for grants and reminds applicants to review the criteria listed on the website when putting together their applications. The next grant application round will open 1 May and close 30 June 2021

Barb Staniforth - March 2021



King Street Art Studio in Masterton, Wairarapa received a grant in 2020 to assist them in setting up a choir.

Photo left: King Street Choir warming up recently.

THE FOUNDATIONS FINANCES as at MARCH 2021

The finance committee has continued its work to build a robust asset base to adequately provide for the Foundation's future and annual charitable distributions.

Following the development of an investment policy, we have now engaged a professional investment management firm to administer and monitor the portfolio on a discretionary basis. We believe this is a prudent step assigning the day to day management of the portfolio to professionals, while the committee retains ownership of the governance functions, including strategy and oversight of the manager.

Looking at the previous financial year in March 2019, total assets were \$507,531 which fell to \$461,094 as of 31 March 2020 as a result of the COVID-19 impact to financial markets. Moving towards the end of the current financial year, the committee is pleased to report current total is approximately \$542,000 reflecting the rebound in the financial markets. The Trustees are continuing with their strategy to grow the capital base.

For more about the Foundation's finances, go to www.christinetaylorfoundationformentalhealth.org.nz or the Charities Services website. The latest financial statements for the year ended 31 March 2020, generously prepared by Kendons, are available there.

Andrew Austin, of behalf of the CTFMH Finance Committee 14 March 2021

MEMBERSHIP SUBSCRIPTION & DONATIONS

The 2020-2021 financial year is closing. Form available here:

[Donations and Membership \(christinetaylorfoundationformentalhealth.org.nz\)](http://christinetaylorfoundationformentalhealth.org.nz)

The Foundation is a registered charitable entity with the Charities Commission.

All donations qualify for the charitable donations rebate & receipt provided.

2021 FUNDING ROUND

Organisations can apply for grants up to \$1,500.

[Grant Information & Criteria \(christinetaylorfoundationformentalhealth.org.nz\)](http://christinetaylorfoundationformentalhealth.org.nz)

Online applications open 1 May and close 30 June 2021.

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GRANT RECIPIENTS 2020	14,650
King Street Artworks - Masterton	900
Stepping Stone Trust - Christchurch	750
Taranaki Retreat Trust	500
Potikohua Trust - Westport	1000
Kelmarna Community Garden Trust - Auckland	750
Supporting Families Marlborough	500
Greenhouse Comm. Anglican Parish - Levin	250
Anxiety NZ Trust - National/Wgtn based	500
Arts for Health Community Trust - Hamilton	500
Waikato Community. Broadcasting Charitable Trust t/a Free FM	500
Rostrevor House Inc.- Waikato	750
Vincent's Art Workshop - Wellington	1000
Mental Health Advocacy and Peer support Trust - Canterbury	750
Get Smart Tauranga Trust	500
Life Matters Suicide Prevention Trust - Dunedin/Otago	750
GROW Dunedin	500
Amigos Peer Support Group - Wellington	500
Volunteer Wellington, Hutt Valley & Porirua	500
Perinatal Support Nelson Inc	500
Delta Community Support Trust - Christchurch	750
Wellington Women's Health Collective	500
Pablos Art Studio - Wellington	750
Well Women Franklin - South Auckland/Franklin	750

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IN HONOUR OF DR MICHAEL JAMESON

Written and delivered by Professor Ken Daniels at Michael's funeral in Lower Hutt on 19 February 2021.

In August 2020, the Board of the Christine Taylor Foundation for Mental Health farewelled Dr Michael Jameson. There was considerable sadness that he had resigned as a Board member but there was also tremendous gratitude for all he had contributed over his 18 years as a Board member. His had been a stellar contribution that, along with his other contributions, are the marks of an amazingly dedicated man.



Michael wrote that he became involved in the work of the Foundation partly out of respect for his cousin Christine Taylor and her long involvement in the field of mental health, but also partly because his grandmother had experienced periods of depression. He was aware that mental health seemed to be a matter which lost out in terms of Government funding and he saw the work of the Foundation as meeting an important community need.

In 2002 Michael was invited to join the Board of the then Richmond Foundation and became Chair in 2003. In 2008 the Foundation became more independent from the Richmond Fellowship and was renamed the Christine Taylor Foundation for Mental Health and Michael was to Chair the renamed foundation from 2008 until 2011.

Michael served on the two Foundations for much longer than any other Trustee. Those 18 years were characterised by his meticulous approach to the management of the limited funds we had. His fellow trustees had complete confidence that he had the finances under appropriate and efficient control. He worked very hard to obtain the best possible interest rates and investments.

I have briefly summarised what Michael did for the Foundation but just as importantly was the way in which he did it. Michael had a very deep and genuine interest in and commitment to people who were in need of mental health support. Yes, he looked after the finances but he also took a keen interest in the organisations we were funding so they could meet the needs of their members. He delighted in visiting those agencies which were in Wellington and the Hutt to deliver the cheques and have personal contact. Yes, he was a man of financial ability with much skill and knowledge, but he carried out his tasks with a heart that was characterised by caring, respect, humility and passion.

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IN HONOUR OF DR MICHAEL JAMESON continued.....

This was the nature of the man which all his fellow trustees responded to so positively and with great admiration. His skills and personal attributes were a reflection of the Christian faith which was so much at the centre of his life and was the foundation for his contribution to our organisation, and through us, to the mental health and well being of so many people in Aotearoa New Zealand.

The Foundation Trustees thank you Jenny (Michael's wife) and your family for sharing Michael's time with us. You can be assured that we will be continuing the work in which he played such a pivotal part over the years. I would like to also thank you on behalf of the many people whose mental health and well being was strengthened as a result of his significant and special contribution.

Michael, we honour you, we celebrate you and your contribution. Thank you.



(Above left) Michael presenting cheques with past Board Member Ian Milliard at Vincent's Art Studio, Wellington 2015 and (above right) MIX Lower Hutt 2017.
(Lower left) Friends Who Care Inc, Wainuiomata 2019 and (lower right) Amigo Peer Support Group, Wellington 2014.

